[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Recipient's Position]
[XGram Company Name]
[Company Address]
[City, State, Zip Code]
Dear [Recipient's Name],

I hope this message finds you well. I wanted to follow up regarding our recent discussion about [specific topic or proposal]. I appreciate the time you took to [mention any specific action they did, like meet or provide information].

As mentioned, [briefly restate key points or proposals you discussed]. I believe that this [explain the benefit or importance of your topic]. If there are any updates or further steps I should be aware of, please let me know. I would be happy to provide additional information or discuss this further at your convenience.

Thank you for considering my follow-up. I look forward to hearing from you soon.

Best regards,
[Your Name]
[Your Position, if applicable]
[Your Company, if applicable]