[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Insurance Company's Name] [Claims Adjuster's Name] [Insurance Company's Address] [City, State, Zip Code] Re: Workers' Compensation Settlement for [Claim Number] Dear [Claims Adjuster's Name], I hope this letter finds you well. I am writing to formally propose a settlement regarding my workers' compensation claim, [Claim Number], which stems from my work-related injury on [Date of Injury]. After careful consideration of my medical expenses, loss of wages, and the impact of my injury on my quality of life, I believe that a fair settlement amount would be [Proposed Settlement Amount]. This figure reflects the totality of my losses and future considerations related to this claim. I appreciate the support and assistance I have received from [Insurance Company's Name] thus far, and I am hopeful we can reach a mutually agreeable resolution. I am looking forward to your response and am open to discussing this matter further. Thank you for your attention to this important issue. Sincerely, [Your Signature (if sending a hard copy)] [Your Printed Name] [Your Claim Number]