[Your Name] [Your Address] [City, State, ZIP Code] [Email Address] [Phone Number] [Date] [Doctor's Name] [Doctor's Practice Name] [Practice Address] [City, State, ZIP Code] Dear [Doctor's Name], I hope this letter finds you well. I am writing to formally inform you of my decision to withdraw from Vyvanse treatment. After careful consideration and discussions regarding my health, I believe this is the best course of action for me at this time. I appreciate the care and support you have provided throughout my treatment. Please let me know if there are any necessary steps I need to take in order to safely discontinue the medication. I value your guidance and would like to ensure a smooth transition during this process. Thank you for your understanding and support. I look forward to your advice on how to proceed. Sincerely, [Your Name] [Your Signature (if sending a hard copy)]