

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Doctor's Name]
[Doctor's Office/Clinic Name]
[Office Address]
[City, State, Zip Code]

Dear [Doctor's Name],

I hope this letter finds you well. I am writing to discuss my current prescription of Vyvanse and to propose a tapering schedule. After careful consideration and reflecting on my experiences, I believe it may be beneficial to gradually reduce my dosage.

I have been on Vyvanse for [duration of time] and have observed [briefly outline your experiences or side effects, if applicable]. I feel that a tapering approach could help me [state your reason for tapering, e.g., manage side effects, assess overall health, etc.].

I would appreciate your guidance in creating a tapering plan that is safe and effective for my situation. Please let me know if we can schedule a time to discuss this further or if you'd prefer to communicate via email. Thank you for your attention and support.

Sincerely,
[Your Name]