

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Doctor's Name]
[Doctor's Address]
[City, State, Zip Code]

Dear [Doctor's Name],

I hope this message finds you well. I am writing to formally discuss the cessation of my Vyvanse prescription, which I have been taking for [duration]. After careful consideration and observation of my experiences, I believe it is in my best interest to discontinue the medication.

While Vyvanse has been beneficial for certain aspects of my health, I have noticed [specific side effects or reasons for discontinuation]. I would appreciate your guidance on the proper steps for tapering off the medication to ensure a safe transition.

Thank you for your attention to this matter. I look forward to discussing this further at your earliest convenience.

Sincerely,

[Your Name]

[Your Signature (if sending a hard copy)]