

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Doctor's Name]
[Doctor's Office Name]
[Office Address]
[City, State, Zip Code]

Dear [Doctor's Name],

I hope this message finds you well. I am writing to formally notify you of my decision to discontinue taking Vyvanse. After careful consideration and personal reflection on my treatment plan, I believe this is the best course of action for me at this time.

I would appreciate your guidance on the proper steps for discontinuing the medication, including any necessary tapering procedures or alternative strategies to manage my symptoms.

Thank you for your support and understanding. I look forward to discussing this with you during our next appointment.

Sincerely,
[Your Name]