[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Doctor's Name] [Doctor's Office Name] [Office Address] [City, State, Zip Code] Dear [Doctor's Name], I hope this letter finds you well. I am writing to discuss my current Vyvanse dosage and the possibility of an adjustment. Over the past [duration], I have been taking [current dosage] of Vyvanse. While I have noticed some benefits, I am also experiencing [specific side effects or issues, if any] that concern me. After doing some research and reflecting on my daily experiences, I believe that an adjustment in my dosage may be necessary to better manage my symptoms. I would appreciate your guidance on what dosage might be appropriate for my situation. Please let me know when would be a convenient time for us to discuss this matter further. Thank you for your attention to my health and well-being. Sincerely, [Your Name]