[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]

Dear Uzziah,

I hope this letter finds you in great spirits! It's been a while since we last caught up, and I wanted to take a moment to reach out and see how you are doing.

[Insert a personal update or share a story.]

I've been thinking about our last conversation regarding [mention any topic discussed previously] and would love to hear more about your thoughts on it.

Also, I recently [share any relevant news or an exciting event], and I thought it would be something you would appreciate.

Let's plan a time to meet up or chat soon! I'd really enjoy catching up with you.

Take care and write back when you can!
Best wishes,
[Your Name]