[Your Childcare Center's Letterhead]
[Date]

Dear Parents and Guardians,

Subject: UV Awareness and Skin Protection Measures

As the sunlight grows stronger, we want to take a moment to emphasize the importance of UV protection for our children. Protecting their delicate skin from harmful UV rays is essential, especially during outdoor playtime.

Here are a few measures we encourage you to follow:

- 1. **Sunscreen Application**: Please apply a broad-spectrum sunscreen with at least SPF 30 on your child before they come to the center.
- 2. **Appropriate Clothing**: Dress your child in lightweight, long-sleeved shirts and pants, as well as a wide-brimmed hat to shield their face and neck.
- 3. **Shade Availability**: We will ensure that plenty of shaded areas are available during outdoor activities.
- 4. **Hydration**: Encourage your child to drink plenty of water throughout the day to stay hydrated.

We appreciate your cooperation in helping us protect the health and well-being of all children in our care. If you have any questions or suggestions, please feel free to reach out.

Warm regards,

[Your Name]
[Your Position]
[Childcare Center's Name]
[Contact Information]