```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Recipient's Title/Position]
[Organization/Institution Name]
[Address]
[City, State, Zip Code]
Subject: Nexus Letter for Sleep Apnea Claim
Dear [Recipient's Name],
I am writing this letter to establish a nexus between [Veteran's Name]'s
military service and his/her diagnosis of sleep apnea. As [his/her]
attending physician, I have had the opportunity to assess [his/her]
medical history, physical condition, and the impact of sleep apnea on
[his/her] daily life.
1. **Patient Information**:
 - Patient Name: [Veteran's Name]
 - Date of Birth: [DOB]
 - Service Period: [Dates of Service]
2. **Diagnosis**:
 [Veteran's Name] has been diagnosed with sleep apnea as of [Date of
Diagnosis]. This condition has been confirmed through [mention diagnostic
tests, e.g., sleep study].
3. **Medical History**:
 [Include relevant medical history, symptoms exhibited, and any previous
related conditions.]
4. **Nexus Statement**:
It is my professional opinion that [Veteran's Name]'s sleep apnea is
more likely than not connected to [his/her] military service due to the
following reasons:
 - [Provide specific details connecting service events, stressors, and
lifestyle changes during military service to the development of sleep
apnea.]
5. **Conclusion**:
Based on the evidence and my evaluation, I conclude that there is a
service-connected nexus for [Veteran's Name's] sleep apnea, which
significantly affects his/her quality of life.
Please feel free to contact me for any further information or
clarification.
Sincerely,
[Your Signature (if sending a hard copy)]
[Your Printed Name]
[Your Title/Position]
[Your Medical License Number]
[Your Contact Information]
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