

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Recipient's Name]
[Recipient's Title]
[Recipient's Institution/Organization]
[Recipient's Address]
[City, State, Zip Code]

Subject: Nexus Letter Regarding Sleep Apnea Diagnosis

Dear [Recipient's Name],

I am writing to establish a nexus between [Veteran's Name]'s military service and the diagnosis of sleep apnea. I have reviewed [Veteran's Name]'s medical history, military records, and conducted a thorough examination.

****Background****

[Veteran's Name] served in the [Branch of Service] from [Start Date] to [End Date]. During this time, they [specific details related to military service that may contribute to sleep apnea].

****Medical Diagnosis****

[Veteran's Name] has been diagnosed with obstructive sleep apnea, confirmed by [methods of diagnosis, e.g., sleep study, clinical evaluation]. The severity of the condition is classified as [mild/moderate/severe].

****Nexus Statement****

Based on my assessment and the information provided, it is my professional opinion that [explain how the veteran's military service is connected to the diagnosis]. Studies indicate that [relevant medical information or literature that supports the connection].

In conclusion, it is my belief that the diagnosis of sleep apnea is directly related to [Veteran's Name]'s military service. Should you require any further information or clarification, please feel free to contact me at [Your Phone Number] or [Your Email Address].

Thank you for your attention to this matter.

Sincerely,

[Your Signature (if sending a hard copy)]
[Your Printed Name]
[Your Title/Position]
[Your Credentials]
[Your Institution/Practice Name]