

**\*\*Nexus Letter Template for Sleep Apnea\*\***

[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Phone Number]

[Date]

[Recipient's Name]

[Recipient's Title/Position]

[Organization/VA Office Name]

[Address]

[City, State, Zip Code]

Subject: Nexus Letter for Sleep Apnea

Dear [Recipient's Name],

I am writing this letter to establish a connection (nexus) between my military service and my diagnosed sleep apnea.

**\*\*Veteran Information:\*\***

- Name: [Veteran's Full Name]
- Service Number: [Veteran's Service Number]
- Dates of Service: [Begin Date - End Date]
- Branch of Service: [Veteran's Branch/Unit]

**\*\*Medical Diagnosis:\*\***

I was diagnosed with sleep apnea on [date of diagnosis] by [name of medical professional or facility]. My medical records indicate [brief summary of medical history related to sleep apnea].

**\*\*Service Connection:\*\***

During my service, I experienced [describe relevant incidents, experiences, or conditions that may have contributed to the development of sleep apnea].

- [Incident 1: Brief description and date]
- [Incident 2: Brief description and date]

Based on my review of the medical literature and my professional expertise, it is my medical opinion that there is a direct link between my military service and my condition.

**\*\*Supporting Evidence:\*\***

1. [Refer to specific medical records or studies that support the nexus]
2. [Any additional evidence: buddy statements, personal account, etc.]

**\*\*Conclusion:\*\***

Considering the above information, I assert that my sleep apnea is a result of my service-related experiences and should be considered service-connected.

Thank you for your attention to this matter. Please feel free to reach out if you require any further information or clarification.

Sincerely,

[Your Name]

[Your Professional Title]

[Contact Information]

[Signature] (if sending a hard copy)

**\*\*Attachments:\*\***

- Medical records
- Supporting documents