

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Doctor's Name]
[Doctor's Address]
[City, State, Zip Code]

Dear [Doctor's Name],

I am writing to request your assistance in providing a nexus letter regarding my sleep apnea condition, which I believe is connected to my military service. As you are aware, I have been diagnosed with sleep apnea and have been receiving treatment since [date of diagnosis].

To strengthen my case for [VA benefits/claim], I would greatly appreciate your insights on the relationship between my sleep apnea and my service history. Specifically, I would like you to address the following points:

1. A description of my sleep apnea diagnosis and treatment.
2. An opinion on whether my condition is likely related to my military service, including any specific incidents or exposures during my service that could have contributed to the development of my sleep apnea.
3. Any relevant medical literature or studies that may support the connection between military service and sleep apnea.

Please feel free to include any additional information you think may be pertinent to my case. Your support is invaluable to me, and I appreciate your time and assistance in this matter.

Thank you for considering my request. I look forward to your response.

Sincerely,

[Your Name]

[Your Service Number or VA File Number, if applicable]