

[Your Name]
[Your Address]
[City, State, ZIP Code]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Recipient's Title]
[Recipient's Organization]
[Organization's Address]
[City, State, ZIP Code]

Dear [Recipient's Name],

I am writing this letter to express my support for [Friend's Name], who has been diagnosed with sleep apnea. As a close friend and confidant, I have witnessed firsthand the challenges and difficulties they face due to this condition.

[Insert specific examples of how sleep apnea has affected your friend's daily life, relationships, or work.]

It is evident that proper treatment and management are crucial for [Friend's Name]'s well-being. I wholeheartedly endorse their pursuit of therapy or equipment that may help improve their quality of life.

Thank you for considering my perspective. Please feel free to reach out if you need any more information.

Sincerely,

[Your Name]

[Your Signature (if sending a hard copy)]