[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [Recipient's Address] [City, State, Zip Code] Dear [Recipient's Name], RE: CEASE AND DESIST LETTER FOR SLANDEROUS ACCUSATIONS I am writing to formally request that you cease and desist immediately from making false and defamatory statements about me. Specifically, on [insert date(s)], you made statements that [describe the specific slanderous statements or accusations] which have harmed my reputation and caused me significant emotional distress. These statements are not only untrue but also damaging, and I have evidence of their existence. I urge you to retract these statements and refrain from making further claims. If you do not comply with this request by [insert deadline, e.g., "within 10 days"], I may have no choice but to seek legal action against you for slander. Thank you for your immediate attention to this matter. Sincerely, [Your Name] [Your Signature (if sending a hard copy)]