[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Recipient's Address]
[City, State, Zip Code]
Subject: Cease and Desist - Slander
Dear [Recipient's Name],

I am writing to formally demand that you cease and desist from making false and defamatory statements regarding me, [Your Name]. It has come to my attention that you have made the following statements:

[List specific slanderous statements and any relevant dates or contexts.] These statements are not only untrue but have also caused harm to my reputation and personal well-being. I ask that you immediately:

- 1. Refrain from making any further false statements about me.
- 2. Retract the statements made and provide written acknowledgment of this retraction.

Please be advised that if you do not comply with this request, I may consider pursuing legal action to protect my rights and seek damages for the harm caused by your actions.

I hope to resolve this matter amicably and look forward to your prompt response.

Sincerely,

[Your Signature (if sending a hard copy)]
[Your Printed Name]