

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Recipient's Name]
[Recipient's Address]
[City, State, Zip Code]

Re: Cease and Desist - Defamation/Slander

Dear [Recipient's Name],

I am writing to formally demand that you cease and desist all defamatory statements made regarding me, [Your Name], a public figure. It has come to my attention that you have made false and damaging remarks about me, specifically [specific statements made and context], which have been widely disseminated through [specific platforms or mediums].

These statements are not only false but have caused significant harm to my reputation and personal life. I have not consented to these derogatory claims, and I hold you responsible for the consequences of your actions.

I request that you immediately take the following actions:

1. Cease any further dissemination of the false statements.
2. Refrain from making any similar statements about me in the future.
3. Issue a public apology and retraction of the defamatory statements by [specific date].

Failure to comply with this demand will leave me with no choice but to pursue all available legal remedies. This may include seeking compensatory and punitive damages in a court of law.

I hope that you will treat this matter seriously and take the appropriate steps to rectify the situation.

Sincerely,

[Your Name]

[Your Title/Occupation, if applicable]