

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]  
[Recipient's Name]  
[Recipient's Position]  
[Gym/Training Facility Name]  
[Gym Address]  
[City, State, Zip Code]

Dear [Recipient's Name],

I hope this letter finds you well. My name is [Your Name], and I am a mixed martial arts fighter with a passion for enhancing my skills and competing at a higher level. I am writing to formally request training sessions at [Gym/Training Facility Name] to further develop my technique, strength, and overall performance.

I have been actively training for [number of years] and have competed in [number of amateur/professional fights] with a current record of [your record]. My focus areas include [specific techniques or disciplines], and I am eager to learn from the expertise offered at your facility.

I would be grateful for the opportunity to discuss a training schedule that accommodates my needs and aligns with the programs available at your gym. I am committed to pushing my limits and believe that training under your guidance will significantly contribute to my growth as a fighter. Thank you for considering my request. I look forward to the possibility of working together and elevating my skills in the sport of mixed martial arts.

Best regards,

[Your Name]  
[Your Fighting Alias (if applicable)]  
[Your Team/Club Name (if applicable)]