

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]

[Recipient's Name]  
[Recipient's Title/Organization]  
[Recipient's Address]  
[City, State, Zip Code]

Dear [Recipient's Name/Team/Fans],  
I hope this message finds you well. After much reflection and consideration, I am writing to formally announce my retirement from professional mixed martial arts.

Competing in the octagon has been one of the most rewarding experiences of my life. I am deeply grateful for the support I have received from my coaches, teammates, and all my fans throughout my career. The journey has been filled with incredible moments, victories, and challenges that have shaped me not just as a fighter, but as a person.

While I am stepping away from competitive fighting, I am excited to explore this next chapter in my life. I look forward to sharing my knowledge and love for the sport in new ways, whether it be through coaching, mentoring, or other endeavors.

Thank you for the love, support, and memories. I will carry them with me always.

Sincerely,

[Your Name]

[MMA Fighter]

[Optional Fight Record or Career Highlights]