```
Subject: Lunch Break Absence Notification
Dear [Manager's Name/Team],
I hope this message finds you well. I am writing to inform you that I
will be unable to take my lunch break today due to [reason, e.g., an
urgent task that requires my attention, a meeting, etc.].
I will ensure that I make up for this time later in the day. Please let
me know if there are any concerns.
Thank you for your understanding.
Best regards,
[Your Name]
[Your Position]
[Your Contact Information]
```