[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Fitness Center/Studio Name]
[Address]
[City, State, Zip Code]
Dear [Recipient's Name],

I hope this message finds you well. I am reaching out to request your feedback regarding my recent Zumba classes. As an instructor, I am always looking to improve and provide the best experience for my participants. I would appreciate it if you could share your thoughts on the following areas:

- 1. Class structure and flow
- 2. Music selection and energy
- 3. Engagement and encouragement during the session
- 4. Areas for improvement

Your insights are incredibly valuable to my growth as an instructor and to the overall enjoyment of the classes. Thank you in advance for your time and feedback.

Best regards,
[Your Name]
[Your Position]