

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Instructor's Name]
[Studio/Gym Name]
[Address]
[City, State, Zip Code]

Dear [Instructor's Name],

I hope this message finds you well. I am reaching out to kindly request your feedback regarding my participation in your Zumba class. As I strive to improve my skills and enhance my experience, your insights would be invaluable.

Specifically, I would appreciate your thoughts on the following:

1. My participation level during classes
2. Areas where I can improve my technique
3. Suggestions for additional exercises or practices

Thank you for your time and guidance. Your expertise means a lot to me, and I look forward to your feedback.

Warm regards,

[Your Name]