

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]

[Date]  
[Recipient's Name or Institution]  
[Recipient's Address]  
[City, State, Zip Code]

Subject: Emotional Support Animal Letter

Dear [Recipient's Name or "To Whom It May Concern"],  
I am writing to confirm that [Patient's Full Name] is under my care and has been diagnosed with [specific mental health condition]. In my professional opinion, it is essential for [him/her/them] to have an emotional support animal (ESA) to assist in alleviating some of the symptoms associated with this condition.

The presence of an emotional support animal can provide [Patient's Name] with the necessary comfort and support, enhancing their overall well-being and enabling [him/her/them] to manage challenges related to [his/her/their] condition effectively.

Please feel free to contact me if you have any questions or require further information regarding this matter.

Sincerely,

[Your Signature (if sending a hard copy)]  
[Your Printed Name]  
[Your Credentials / Title]  
[Your License Number]  
[Your Practice/Organization Name]  
[Contact Information]