

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]  
[Recipient's Name or "To Whom It May Concern"]  
[Recipient's Position or Organization Name]  
[Recipient's Address]  
[City, State, Zip Code]

Dear [Recipient's Name or "To Whom It May Concern"],  
I am writing to confirm that [Client's Name] has been under my care since [Date] and has been diagnosed with [specific mental or emotional condition]. As part of their treatment, I am recommending that they have an emotional support animal.

[Client's Name]'s condition significantly impairs their daily functioning and quality of life, and having an emotional support animal will provide the companionship and support they need to cope with their symptoms. This animal will play an essential role in their therapeutic process.

[Client's Name] has been advised to keep [Animal's Type, e.g., dog, cat, etc.] as an emotional support animal, which will offer them comfort, reduce their anxiety, and improve their overall well-being.

Please feel free to reach out to me at [Your Phone Number] or [Your Email Address] for any further information or verification regarding this recommendation.

Thank you for your attention to this important matter.

Sincerely,

[Your Name]  
[Your Title/Position]  
[Your License Number, if applicable]  
[Your Practice/Organization Name]