

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Recipient Name]
[Recipient Address]
[City, State, Zip Code]

Dear [Recipient Name],

Subject: ZQuiet Usage Guidelines

I hope this letter finds you well. This document outlines the recommended usage guidelines for the ZQuiet device to ensure optimal performance and comfort.

1. ****Initial Use****

- Use the device for short periods initially to allow your mouth to adjust.

- Gradually increase usage time each night.

2. ****Cleaning Instructions****

- Clean the ZQuiet device before and after each use with mild soap and water.

- Avoid soaking in hot water or using harsh chemicals.

3. ****Storage****

- Store the device in its case when not in use to protect it from damage.

- Keep it in a cool, dry place away from direct sunlight.

4. ****Consultation****

- If discomfort persists beyond two weeks, consult a healthcare professional.

- Regular check-ins with a dentist are recommended to ensure proper fit.

5. ****Travel Precautions****

- Always pack the device in its case when traveling.

- Consider bringing a travel toothbrush for hygiene while on the go.

Please reach out if you have any questions or concerns regarding the usage of your ZQuiet device.

Thank you for your attention to these guidelines.

Sincerely,

[Your Name]

[Your Title/Organization if applicable]