```
[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Date]
[Recipient's Name]
[Recipient's Address]
[City, State, Zip Code]
Dear [Recipient's Name],
[Opening paragraph: Introduce the purpose of your letter and any relevant
context.]
[Body paragraph(s): Elaborate on the main points, sharing your thoughts,
feelings, or experiences related to ZQuil.]
[Closing paragraph: Summarize your message and any actions you hope the
recipient will take, if applicable.]
Sincerely,
[Your Name]
```