[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] Zhou [Last Name] [Zhou's Address] [City, State, Zip Code]

Dear Zhou,

I hope this letter finds you well. I am writing to sincerely apologize for [describe the situation briefly]. I understand that my actions may have caused you distress and I truly regret that.

Please know that it was never my intention to hurt you or make you feel [explain emotional impact]. I value our relationship deeply and it pains me to know that I have caused you any discomfort.

I am committed to making amends and ensuring that this does not happen again. I appreciate your understanding and patience as I work through this.

Thank you for considering my apology. I hope we can move forward from this and strengthen our relationship.

Sincerely,

[Your Name]