[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Date]

Dear Zdenek,

I hope this letter finds you in great spirits! It has been a while since we last caught up, and I wanted to take a moment to reach out and see how you've been.

I've been keeping busy with [briefly mention what you've been up to]. It's been quite an adventure! How about you? I'd love to hear all about what you've been working on and any new experiences you've had lately. I remember the last time we met, we talked about [mention a shared memory or interest]. It made me realize how much I enjoy our conversations. We should definitely plan a get-together soon!

Take care of yourself, and I look forward to hearing from you. Warm regards,

[Your Name]