Hey [Friend's Name],

Hope you're doing awesome! Just wanted to drop you a quick note to say how much I miss hanging out. We should totally plan a meetup soon—maybe grab some coffee or catch a movie?

Also, I've been getting into [something new you're doing], and I think you'd really enjoy it! Can't wait to hear what you've been up to lately. Let me know your schedule, so we can set something up! Take care,

[Your Name]