

[Your Address]

[City, State, Zip Code]

[Date]

Hey [Friend's Name],

I hope this letter finds you well! I just wanted to drop you a quick note to catch up and tell you about something exciting.

I've been getting into some XTreme sports lately, and it's been an absolute blast! I tried rock climbing last weekend, and honestly, the thrill of reaching the top was beyond anything I expected. I think you'd love it too!

We should plan a day together and hit the climbing gym or maybe even venture outdoors. Let me know what your schedule looks like!

Can't wait to hear from you!

Best,

[Your Name]