[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Recipient's Name]
[Recipient's Address]
[City, State, Zip Code]
Dear [Recipient's Name],

I hope this message finds you well. I am writing to sincerely apologize for [specific incident or action] that occurred on [date or time period]. I deeply regret any hurt or inconvenience I may have caused you. Upon reflection, I understand how my actions affected you and I take full responsibility for my behavior. It was never my intention to [state the impact of your actions], and I am truly sorry for any distress this may have caused.

I value our relationship and the trust we have built over time, and I am committed to making amends. [Optional: mention any steps you are taking to rectify the situation or ensure it doesn't happen again.] Thank you for your understanding and patience. I hope we can move forward positively. Sincerely, [Your Name]