[Your Name] [Your Address] [City, State, ZIP Code] [Email Address] [Date]

Dear JZN,

I hope this letter finds you in great spirits! It's been a while since we last caught up, and I wanted to take a moment to reach out and see how you've been doing.

I've been keeping busy with [share a brief update about your life or recent events]. It's been quite an adventure!

Have you had any interesting experiences lately? I'd love to hear all about it.

Also, if you have some free time, let's plan to meet up soon. It would be wonderful to catch up in person.

Looking forward to hearing back from you!

Warm regards,

[Your Name]