```
[Your Nursery/School Name]
[Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
Dear Parents and Guardians,
Subject: Health and Safety Guidelines
We would like to share our health and safety guidelines to ensure a safe
and nurturing environment for your children at [Your Nursery/School
Name]. Please find the key points outlined below:
1. **Arrival and Departure**
 - Drop-off and pick-up times: [Specify times].
- Only authorized individuals may collect children.
2. **Hand Hygiene**
 - Regular handwashing is encouraged, especially before meals and after
outdoor play.
3. **Illness Policy**
 - Children showing symptoms of illness must stay home until they are
well.
4. **Emergency Procedures**
 - Regular fire drills will be conducted to ensure children are familiar
with exit routes.
5. **Food Allergies**
- Please inform us of any food allergies or dietary restrictions your
child may have.
6. **Supervision**
 - Children will always be supervised by qualified staff during all
activities.
We appreciate your cooperation and commitment to creating a safe
environment for our children. If you have any questions or concerns,
please do not hesitate to reach out.
Thank you for your support.
Warm regards,
[Your Name]
[Your Position]
[Your Nursery/School Name]
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