[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Wife's Name]
[Wife's Address]
[City, State, Zip Code]
Dear [Wife's Name],

I hope this letter finds you in good spirits. I am writing to you with a heavy heart, as I want to sincerely apologize for [specific action or event].

I recognize that my actions have caused you pain and disappointment, and for that, I am truly sorry. I never intended to hurt you, and it pains me to know that I did.

I want you to know that I have reflected on my behavior and understand the impact it has had on our relationship. I am committed to making things right and ensuring that such a situation does not happen again in the future.

You mean the world to me, and our marriage is something I deeply cherish. I value our journey together and hope we can work through this together. Thank you for considering my apology. I love you and am looking forward to discussing this with you when you're ready.

With all my love,

[Your Name]