[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [Recipient's Title] [Medical Facility/Practitioner's Name] [Address] [City, State, Zip Code] Dear [Recipient's Name], I hope this letter finds you well. I am writing to formally inform you of my decision to discontinue the use of Vyvanse, prescribed to me for [reason for prescription, e.g., ADHD, etc.]. After careful consideration and upon discussions with my healthcare provider, I believe that it is in my best interest to pursue alternative treatment options. I would like to express my gratitude for the support and guidance you have provided during my treatment. However, I have been experiencing [briefly explain any side effects or issues you are facing], which have led me to this decision. I understand the importance of a structured withdrawal plan, and I would appreciate your assistance in creating one to manage any potential withdrawal symptoms effectively. Please let me know a suitable time for us to discuss this further. Thank you for your understanding and support. I look forward to your prompt response. Sincerely, [Your Name]