

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Doctor's Name]
[Doctor's Address]
[City, State, Zip Code]

Dear [Doctor's Name],

I hope this letter finds you well. I am writing to formally discuss my experience with withdrawing from Vyvanse and to explore my options moving forward.

Since [date you started taking Vyvanse], I have been using Vyvanse for [reason for use, e.g., ADHD management]. While I have experienced some benefits, I have also encountered several challenges, including [mention specific withdrawal symptoms or side effects].

As I consider discontinuing the medication, I would like to establish a safe withdrawal plan and address any concerns you might have regarding the process. I am particularly interested in discussing [any alternative treatments, coping strategies, or concerns you might have].

Please let me know your availability for a follow-up appointment to discuss this further. Thank you for your attention and support during this process.

Sincerely,
[Your Name]