[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Date] [Recipient's Name] [Recipient's Address] [City, State, Zip Code] Dear [Recipient's Name], I hope this letter finds you well. I am writing to formally request a discontinuation of my prescription for Vyvanse due to [specific reasons such as side effects, personal health issues, or preference for alternative treatments]. Over the course of my treatment, I have experienced [describe specific experiences or challenges with Vyvanse]. After careful consideration and discussions with my healthcare provider, I believe that this is the best course of action for my health and well-being. I understand the importance of a gradual withdrawal process and would like to discuss a suitable tapering schedule to ensure my comfort and safety. I appreciate your understanding and support in this matter. Thank you for your attention to this request. I look forward to your prompt response. Sincerely, [Your Name] [Your Contact Information]