[Your Name] [Your Address] [City, State, ZIP Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [Recipient's Title] [Recipient's Organization/Practice] [Address] [City, State, ZIP Code] Dear [Recipient's Name], I hope this message finds you well. I am writing to formally request a prescription for Vyvanse (lisdexamfetamine) for the management of my [specific condition, e.g., ADHD]. After thorough consideration and consultation, I believe that Vyvanse would be an effective option for me. [Briefly explain your situation, symptoms, and any previous treatments you've tried. Mention why you believe Vyvanse would be beneficial for you.] I would greatly appreciate your assessment of my request and any quidance you can provide regarding this medication. I am willing to discuss this further during our next appointment or over the phone. Thank you for your attention to this matter. I look forward to your response. Sincerely, [Your Name]