[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Recipient's Name] [Recipient's Address] [City, State, Zip Code] Dear [Recipient's Name], I am writing to request a prescription for Vyvanse (lisdexamfetamine), a medication that I believe will be beneficial for my [condition, e.g., ADHD]. After our previous discussions and my evaluation, I feel that Vyvanse may help manage my symptoms effectively. [Briefly describe your symptoms and how they impact your daily life.] I understand the importance of medication management and am committed to following the prescribed treatment plan. I appreciate your consideration of my request and look forward to your response. Thank you for your attention to this matter. Sincerely, [Your Name] [Your Signature if sending a hard copy]