[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date] [Doctor's Name] [Doctor's Office Name] [Office Address] [City, State, Zip Code] Dear [Doctor's Name], I hope this message finds you well. I am writing to discuss my current medication management and to explore the possibility of prescribing Vyvanse for my attention deficit hyperactivity disorder (ADHD) symptoms. I have been experiencing difficulties with [briefly describe your symptoms, e.g., focus, organization, impulsivity], which have significantly impacted my daily life and responsibilities. After conducting research and based on my previous discussions with you, I believe that Vyvanse may be a suitable option for my treatment plan. I would appreciate the opportunity to schedule an appointment to discuss this further and evaluate if Vyvanse is an appropriate medication for me. Thank you for your consideration. Sincerely, [Your Name]