

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Recipient's Name]
[Recipient's Title]
[Recipient's Address]
[City, State, Zip Code]

Dear [Recipient's Name],

I am writing to you in my capacity as a licensed [Your Profession, e.g., psychologist, psychiatrist, licensed clinical social worker, etc.] to formally recommend that [Client's Full Name] be permitted to have an emotional support animal (ESA).

[Client's Full Name] has been under my care since [Date] for [specific condition, e.g., anxiety, depression, etc.]. Throughout our sessions, I have observed that having an ESA would greatly benefit [Client's First Name]'s mental and emotional well-being.

The presence of an emotional support animal can provide comfort and support, mitigating the symptoms of [his/her/their] condition and improving [his/her/their] quality of life.

It is my professional recommendation that [Client's Full Name] be allowed to have an emotional support animal in [his/her/their] residence/situation. This will allow [him/her/them] to manage [his/her/their] condition more effectively and lead a more fulfilling life.

Please feel free to contact me at [Your Phone Number] or [Your Email Address] if you require any further information or clarification regarding this recommendation.

Thank you for your attention to this matter.

Sincerely,

[Your Signature (if sending a hard copy)]
[Your Printed Name]
[Your Credentials, e.g., LCSW, PsyD, etc.]
[Your License Number]
[Your Practice Name]