

[Your Name]  
[Your Title/Profession]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]  
[Recipient Name]  
[Recipient's Title/Profession]  
[Recipient's Address]  
[City, State, Zip Code]

Dear [Recipient Name],

I am writing to formally recommend [Client's Name] for an emotional support animal (ESA). I have had the pleasure of working with [Client's Name] as their [your relationship to the client, e.g., therapist, counselor] for [duration of time].

Throughout our sessions, I have witnessed [Client's Name] struggle with [specific mental health issues, e.g., anxiety, depression], which significantly impacts their daily life and overall well-being. After thorough assessment, I believe that an emotional support animal would provide [Client's Name] with the necessary companionship and emotional stability to help manage their symptoms.

[Provide specific examples of how an ESA may benefit the client, e.g., reducing anxiety levels, providing comfort during stressful situations.]  
As such, I wholeheartedly recommend that [Client's Name] be permitted to have an emotional support animal. It is my professional opinion that having an ESA will greatly enhance their quality of life and mental health.

If you require any further information or have questions regarding this recommendation, please do not hesitate to contact me.

Sincerely,

[Your Name]  
[Your Title/Profession]  
[Your License Number, if applicable]