

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Recipient's Name]
[Title/Organization]
[Address]

[City, State, Zip Code]

Dear [Recipient's Name],

I am writing to formally document the need for an emotional support animal (ESA) for [Patient's Full Name], who has been under my care since [Date].

[Patient's Full Name] has been diagnosed with [specific mental health condition(s)], which has significantly impacted their daily life and overall well-being. An emotional support animal has been recommended as a critical component of their treatment plan.

The presence of [Animal's Name/Type, e.g., a dog, a cat] provides [Patient's First Name] with emotional stability and alleviates symptoms associated with their condition, such as [specific symptoms or challenges].

It is my professional opinion that [Animal's Name] contributes positively to [Patient's First Name]'s therapy and daily functioning. Hence, I recommend that [he/she/they] be permitted to have [his/her/their] emotional support animal in [living situation/places, e.g., housing, travel].

Thank you for understanding the importance of this support for [Patient's First Name]. If you have any questions or require further information, please feel free to contact me at [your phone number] or [your email address].

Sincerely,

[Your Signature (if sending a hard copy)]

[Your Printed Name]

[Your Title/Profession]

[License Number (if applicable)]