

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]  
[Recipient's Name]  
[Recipient's Title/Organization]  
[Recipient's Address]  
[City, State, Zip Code]

Dear [Recipient's Name],

I am writing to formally recommend the need for an emotional support animal (ESA) for my patient, [Patient's Full Name], who has been under my care since [Date]. [Patient's Full Name] is diagnosed with [specific mental health condition(s)] which significantly impairs their daily functioning and quality of life.

As part of their treatment plan, I believe that the presence of an ESA can provide [Patient's Name] with the emotional support necessary to cope with the challenges posed by their condition. The companionship of [type of animal, e.g., dog, cat] can assist in alleviating symptoms such as [list specific symptoms, e.g., anxiety, depression, loneliness, etc.]. Under the Fair Housing Act and the Air Carrier Access Act, [Patient's Name] is entitled to reasonable accommodation of their emotional support animal. I respectfully request that you recognize this necessity and provide [Patient's Name] with the appropriate accommodations in their living and travel arrangements.

Please do not hesitate to reach out if you have any questions or require further information regarding [Patient's Name]'s condition and the role of the emotional support animal in their therapeutic process.

Thank you for your understanding and support.

Sincerely,

[Your Name]  
[Your Credentials]  
[Your License Number]  
[Your Practice Name, if applicable]  
[Your Contact Information]