```
**[Your Name] **
**[Your Address]**
**[City, State, Zip Code] **
**[Email Address]**
**[Phone Number] **
**[Date]**
**[Recipient's Name] **
**[Recipient's Title/Position]**
**[Organization/Company Name] **
**[Organization/Company Address] **
**[City, State, Zip Code] **
**Subject: Emotional Support Animal Documentation**
Dear [Recipient's Name],
I am writing to provide documentation regarding my emotional support
animal (ESA), [Animal's Name], [Type of Animal, e.g., dog, cat],
[Animal's Breed], [Age of Animal].
**Description of Need**
I have been diagnosed with [Your Mental Health Condition, e.g., anxiety,
depression] by [Name of Licensed Professional, e.g., psychiatrist,
therapist] on [Date of Diagnosis]. [Provide a brief description of how an
emotional support animal positively impacts your mental health and well-
being].
**Details of the Emotional Support Animal**
- ***Animal's Name:*** [Name]
- ***Type of Animal:*** [e.g., dog, cat]
- ***Breed:*** [Animal's Breed]
- ***Age:*** [Age of Animal]
- ***Registration (if applicable):*** [Provide any registration number or
certification details, if relevant]
**Recommendation**
I am requesting that [Organization/Company Name] provide [Specify housing
or travel accommodations related to the ESA]. My emotional support animal
plays a crucial role in my therapeutic treatment and overall mental
health.
This letter serves as a recommendation from my licensed mental health
professional, [Professional's Name], [Professional's Credentials, e.g.,
LCSW, PsyD].
Thank you for your attention to this matter. Should you require any
further information, please do not hesitate to contact me.
Sincerely,
[Your Name]
[Your Signature (if sending a hard copy)]
**[Professional's Name] **
**[Professional's Title]**
**[Professional's License Number] **
**[Date Signed] **
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