

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Provider's Name]
[Provider's Practice Name]
[Practice Address]
[City, State, Zip Code]

Dear [Provider's Name],

I hope this letter finds you well. I am writing to discuss my upcoming delivery and my desire for a Vaginal Birth After Cesarean (VBAC).

As you are aware, I have had a previous cesarean section due to [briefly explain reason, if necessary]. Since then, I have researched and considered my options for this pregnancy. I believe that a VBAC would align with my birth plan and personal preferences.

I would love to schedule an appointment to discuss my VBAC options, your policy towards VBAC deliveries, any necessary testing, and how we can work together to ensure a safe and positive experience for both me and my baby.

Thank you for your attention to this matter. I look forward to your response and to working together toward a successful VBAC delivery.

Warm regards,

[Your Name]

[Your Patient ID or date of birth, if applicable]