

[Your Name]  
[Your Address]  
[City, State, Zip Code]  
[Email Address]  
[Phone Number]  
[Date]  
[Provider's Name]  
[Provider's Title]  
[Hospital/Clinic Name]  
[Address]  
[City, State, Zip Code]

Dear [Provider's Name],

I hope this letter finds you well. I am writing to discuss my upcoming pregnancy and my desire to pursue a Vaginal Birth After Cesarean (VBAC). I appreciate your expertise and guidance as I embark on this journey. As you may know, I have previously undergone a cesarean section due to [reason for previous C-section]. I would like to explore the possibility of a VBAC for my current pregnancy, as I believe it aligns with my birth preferences and values. I am aware of the associated risks and benefits and would appreciate your support in creating a safe and comprehensive birth plan.

I would like to schedule a meeting to discuss my VBAC options, review my medical history, and address any questions or concerns we both may have. Thank you for your attention to this matter. I look forward to your prompt response and to working together to achieve a positive birth experience.

Sincerely,

[Your Name]

[Your Signature (if sending a hard copy)]