

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Doctor's Name]
[Doctor's Practice Name]
[Practice Address]
[City, State, Zip Code]

Dear Dr. [Doctor's Last Name],

I hope this letter finds you well. I am writing to discuss my interest in pursuing a Vaginal Birth After Cesarean (VBAC) for my upcoming delivery. As you are aware, I have previously had a cesarean section on [date of previous delivery] due to [reason for cesarean], and I am eager to explore my options for this pregnancy.

I have been researching VBAC and have come across various resources that indicate favorable outcomes for many women who choose this route. I understand there are certain factors to consider, including my medical history and any potential risks involved.

I would appreciate the opportunity to discuss the following points during my next appointment:

1. Your experience and the practice's policy on VBAC.
2. Factors that may influence my eligibility for VBAC.
3. The potential risks and benefits associated with VBAC versus repeat cesarean.
4. Any necessary assessments or precautions we should consider leading up to the delivery.

Thank you for your guidance and support throughout my pregnancy journey. I look forward to our discussion and appreciate your attention to my preferences.

Sincerely,
[Your Name]