

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]
[Doctor's Name]
[Hospital/Clinic Name]
[Address]
[City, State, Zip Code]

Dear [Doctor's Name],

I hope this letter finds you well. I am writing to discuss my options regarding a Vaginal Birth After Cesarean (VBAC) for my upcoming pregnancy.

As you know, I previously underwent a cesarean section due to [brief explanation of previous birth reasons]. After careful consideration and research, I am interested in exploring the possibility of a VBAC for my current pregnancy.

I would greatly appreciate your expertise and guidance on the following:

1. My suitability for a VBAC based on my medical history and current health.
2. The potential risks and benefits associated with choosing a VBAC.
3. The support and resources available at [Hospital/Clinic Name] for women pursuing a VBAC.
4. Any additional steps I should take to prepare for this option.

I am eager to have an informed discussion with you about my preferences and hopes for this birth experience. Thank you for your attention to this matter, and I look forward to our conversation.

Warm regards,

[Your Name]