```vba
Sub CreateResignationLetter()
 Dim objWord As Object
 Dim doc As Object
 Dim strBody As String
 ' Create a new Word application instance
 Set objWord = CreateObject("Word.Application")
 objWord.Visible = True
 ' Add a new document
 Set doc = objWord.Documents.Add()
 ' Compose the resignation letter
 strBody = "Your Name" & vbCrLf & _
 "Your Address" & vbCrLf & _
 "City, State, Zip Code" & vbCrLf & _
 "Email Address" & vbCrLf & _
 "Phone Number" & vbCrLf & _
 "Date: " & Format(Date, "mmmm dd, yyyy") & vbCrLf & vbCrLf & _
 "Manager's Name" & vbCrLf & _
 "Company Name" & vbCrLf & _
 "Company Address" & vbCrLf & _
 "City, State, Zip Code" & vbCrLf & vbCrLf & _
 "Dear [Manager's Name]," & vbCrLf & vbCrLf & _
 "I am writing to formally resign from my position at [Company Name],
effective [Last Working Day, e.g., two weeks from today]." & vbCrLf &
vbCrLf & _
 "Thank you for the opportunities I have had during my time at the
company. I appreciate your guidance and support." & vbCrLf & vbCrLf & _
 "Sincerely," & vbCrLf & _
 "Your Name"
 ' Insert the text into the document
 doc.Content.Text = strBody
 ' Optional: Save the document
 ' doc.SaveAs "C:\Path\To\Resignation_Letter.docx"
 ' Clean up
 Set doc = Nothing
 Set objWord = Nothing
End Sub
```